

National C Scow Sailing Association



INLAND LAKE YACHTING ASSOCIATION

C World Online

Vol 3, Issue 26a
August 24, 2009

Krech Inland Recap



Editor's note - Tim and Bre Krech sailing with Anne Sherman convincingly won this year's Inland Championship. The *Fire & Ice* team clinched the regatta in two days completing six races all with top five finishes. Despite the encouragement of your editor to pull his boat out of the water and enjoy a well earned rest, Tim sailed the last day with his Dad. Clearly this guy loves C-boating. I asked Tim to put together a recap / reflection of his Inland. He responded with a six part story. Chapter one follows...



[Race 1 - Can you say Adjustments](#)

We went out to the race course and there was very little breeze. We set up the boat accordingly with our big sail, dropped off Anne (our third), moved the boards forward (1.5 inches up from the deck), pushed the pulley back on the boom (so they were vertical to deck pulleys), and set the Jack Stays at around 45. After the first start was

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blown off because of no breeze, we waited for about 30 minutes and the wind filled in nicely (Great call by the RC!).

In the first race we started off fairly conservative in the middle of the line. We got off the line clean with a lane but realized we needed a third very quickly. Bre (my wife and crew) was able to jump down and change the board settings to all the way back to free up my helm and help keep us flat. Then we cranked on the outhaul and tried to hang on until the windward mark. We rounded the windward mark around 15th to 18th and continued to adjust our set-up. As we were caught in some bad air at the top mark Bre was able to grab the middle pulley on the boom and move it about four holes forward on the boom, then we focused on getting clean air and our own lane. Once we did that I jumped to the front of the boat and loosened the Jackstays to 55 inches.

On the next up wind we were able to catch a few more boats but we weren't quite in the groove yet but have moved into about 12th. On the downwind we held our own but right before we got the leeward mark I stopped the boom mid jib and pushed the second from back pulley as far forward as possible. In a perfect world I would have liked to get both pulleys but there wasn't time. We rounded the gate and headed to the starboard side of the course. Looking up the lake we saw a lot of pressure right so we were determined to get there first. Also, the boat was now in the groove and Bre was hiking like a rock star so I knew this race wasn't out of reach. Then it happened, the pressure swung 15° to the right and the whole fleet tacked on to starboard. We were the second from the right boat (Race winner A-14 was the most right) and did everything possible to make sure we got the most out of the shift. We had the Vang cranked block to block, the Cunningham on as tight as possible, the Tracks dropped all but an inch and the main was out three feet the back corner of the boat. FLAT IS FAST!!!

I missed a consolidation tack to come back on A-14 & B-7 when I had the chance (Bre is great at tactics and told me to take a look over my shoulder multiple times) or we could have won the race. After a few missed shifts at the top of the lake on my part we were lucky to hold on to 4th by just beating out that crazy fast OO-88 boat.

Moral to the story, as the winds change make sure you do everything you can to adjust our boat accordingly. All it takes is one shift when you have your head out of the boat and you are going fast and you are back in any race.....Just ask A-14 Paul Reilly, B-7 Joe Kutschenreuter or B-12 Kent Haeger if you don't believe me.

Kent - If you are reading this, do you think you could take a picture of your back pulley system on your boom? This might be an interesting upgrade to everyone's program.

Title's to other stories -

- **Confidence in the Crew**
- **How do you cover the whole fleet**
- **Boat Speed makes up for Tactical Errors**

- **Keep it cool - Look up the lake and make your own decisions**
- **Plant and Duck - then get to the Top mark and Look for B-7**
- **A Race with Dad**

Tim Krech - M20



If you followed Scowlines during the Inland you know what an amazing success Sailgroove was. If you click the logo you can see all reports, photos and interviews from the Inland. Here are a few from the C-boat portion.

Race 1



Tim Krech interview after Race 7



ILYA C-Scow Fleet Meeting

ILYA C-fleet representative Fred Barkow A-25 conducted the summer fleet meeting on August 14th in conjunction with the Inland Championship. The following are meeting minutes.

1. Report from NCSSA
 1. Membership is up and expenses are down
 2. They will provide the Inland the \$250 promised for the Band on Thursday night

RC report

1. Motion was made by Brad Egan and second by Marty Barr to have the time limit for back to back races to be 60 minutes. For a single race the time limit stays at 70 minutes. The vote was unanimous in favor.

Promotion

1. It has been suggested that a raffle be established starting at the winter Inland and ending at the championship regatta at Geneva. The C fleet committee will contact North sails for a sail to raffle. Proceeds will be used to continue the junior sailing program.

Cody Zeigler has joined the C fleet committee replacing Matt Prange
No other new business and the meeting was adjourned.

Committee attendees:

Fred Barkow
Ann Muller

Jason Ostbye

National Rankings

Tim Krech M-20 is leading the National Points rankings through the Inland Championship. In second place is Peter Keck OO-88, and in third is Steve Schmidt E-89. Rankings are based on the three lowest point regattas competed in by NCSSA members. If you don't see yourself in the ranking make sure you're a current NCSSA member, and if your further down in the standing then you think you should be get out a sail a few fall regattas. There a few "big" points event coming up with Blue Chip and Worlds just to name a couple. Also, it should be noted that Tim was the one who compiled the rankings. Feel free to call "shenanigans" on his standing, but by doing so you are automatically put in charge of the massive rankings Excel spreadsheet.

Your Top Ten through Inland

- 1) Tim Krech M-20
- 2) Peter Keck OO-88
- 3) Steve & Tim Schmidt E-89
- 4) Paul Reily A-14
- 5) Kent Haeger B-12
- 6) Chris Craig LF-1
- 7) Mark Prange E-1
- 8) Ed Eckert A-136
- 9) Jim Tews A-22
- 10) Chris Andert M-25

[Complete Standings](#)

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Go to the cscow.org [MEMBERSHIP](#) page now to sign up.

Thank you to those that have already joined. We are actively updating the [membership list](#) as people join.

National C Scow Sailing Association

Upcoming C-Scow Schedule

<u>Date</u>	<u>Regatta/Event</u>	<u>Yacht Club</u>
Sep 12-13	Fall Regatta	Maxinkuckee YC
Sep 19-20	50th Blue Chip	Pistakee YC
Sep 19-20	Fall Regatta	Lake Felton YC
Sep 19-20	Lotawana Fall Regatta	Missouri YC
Sep 26-27	Beulah Challenge	Lake Beulah YC
Sep 26-27	Polar Bear Regatta	Lake Davenport SC
Oct 3-4	C-Worlds	Lake Delavan YC

[For the complete 2009 schedule go to cscow.org](http://cscow.org)